**Theraplay® Dyadic Session Supervision Form - UK 2025**

| **Student/Practitioner** |  | **Supervisor** |  |
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| **Child/adult initials**  **and relationship** |  | **Setting for session** |  |
| **Child’s age** |  | **Session# and date** |  |

*If this is your first supervision session for this family, please provide your supervisor with the following information:*

* *Background information on child and family (use initials only) including child’s age, school setting, family constellation, reason for referral and, if fostered or adopted, brief reasons for removal from birth family and placement history;*
* *Video of MIM-based session, along with the MIM-based Analysis Form;*
* *Evidence of consent given by the parents/caregivers (and local authority, if applicable) to video record and to share the video and information about the family with your supervisor. Please do not send consent form directly.*

| **A. Specific goals for this session:** |
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| **B. Session activities:** |
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| **List of activities as planned** | **Time on video** | **As actually happened in the session\*** |
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**\*** Please briefly describe why you made the decision to change from the planned activity/activities.

| **C. Your assessment of your work in the following areas (give specific examples**  **by activity):** |
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1. Your efforts to keep child optimally regulated:

1. Your pacing of activities:

1. Variety and sequence of activities *(balance between nurture/structure, quiet/boisterous, faster/calmer):*

1. Your overall use of Engagement *(use of surprise, “moments of meeting”, etc):*

1. Your attention to child’s nonverbal signals:

1. Your modifications for trauma history:

1. Would you work differently with this child in the future? If so, how?

| **D. Comments on the child's behaviour:** |
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| **E. Parent involvement:** |
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1. Your efforts to provide structure for the parent *(e.g. Did the parent have a comfortable place to sit? Did the parent know what was expected/how to do the activities? Did you provide enough direct coaching/guidance to parent?):*
2. Your facilitation of parent-child engagement:
3. Parent’s reaction to child:

| **F. Transference/Counter transference issues:** |
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| **G. Plan for the next session:** |
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| **H. Questions for your supervisor:** |
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**Theraplay UK**

Registered Address: Kilvert’s School, Clyro, Hay-on-Wye, Hereford HR3 5SB

Companies House Registration: 12543244

admin@theraplay.org.uk

[www.theraplay.org.uk](http://www.theraplay.org.uk)

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